



OREGON ELKS NEWS

The Official Newsletter of the Oregon State Elks Association
Volume II Issue No. 6 October 2022

SERVING THOSE WHO SERVED

OSEA President's message



We said we wouldn't forget,

21 years ago the single most horrific terrorist attack and the worst attack on our country since the Attack on Pearl Harbor left our country in shock and disbelief. I remember standing in my living room watching it unfold on the TV, The World Trade Center in New York, The Pentagon in Arlington

Virginia, and these who perished on Flight 93 in a field in western Pennsylvania. I'm not going to lie, my body filled with rage, at whoever had done this. I was ready to go fight for my country, but unfortunately I was already too old to go back in uniform. I let go of the rage and went about helping my fellow human beings. AND WE SAID WE WOULD NOT FORGET.

While I remember the events of September, 11, 2001 also vividly remember the United States of America when our 41st President George Herbert Walker Bush, envisioned a "Kinder and gentler nation." People came together to help one another, there was an understanding and willingness to lend a hand. And as Elks that's what we have done in our 154 year existence the more than 1859 Elks lodges scattered throughout our land and the territories of Guam, The Philippines, Puerto Rico and the The Panama Canal have donated more than 12 billion dollars to our local communities, our youth and our Veterans just to name a few, Last year alone The Elks donated 350 million dollars in cash, gifts and time to make our communities a better place to live.

So rather than focusing on the negative and the hate that seems to grip so many today, let's focus on remembering all of the survivors, we know there were at least 2977 who died-among them, 170 Elks, and the families left behind. And let us not forget the first responders, Fire personnel and EMTs that

lost their lives trying to save others while answering the call that day 21 years ago, many who survived still are suffering from health complications from being at ground zero, but I've NEVER heard any one of them say "I wish I hadn't gone in that day."

I would like to think our country would come to look at these events as was described by George W Bush our 43rd President of the United States of America and I quote, "Great Tragedy has come to us, and we are meeting it with the best that is in our country, with the courage and concern for others. Because this is America This is who we are. "LET US NOT FORGET", by Serving those who Served. Help our communities, Care for one another. Thank you, and God bless every one of you.

Fraternally,
Ben L. Adams Jr.
President
Oregon State Elks Association

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As a reminder, if you have suggestions for future issues of the OSEA Newsletter please send them to the OSEA Public Relations and Marketing Committee at Blake.ORNCElks@gmail.com. You can also request to be added to our new email distribution list to receive these newsletters and other updates directly in your inbox.

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Grand Exalted Ruler: ENF grants, programs bolster communities



October brings to us many Elks activities and family fun. Let's start with the most important program in our Order, the Elks National Foundation (ENF). As your Grand Exalted Ruler, I have once again established the goal of \$4.80 per Member per capita. When you do the calculation for this goal, that's just a little over \$.01 a day. For each Lodge dollar donated, ENF could potentially repay hefty dividends for the programs offered.

Your Lodge can and should apply for the various grants to assist your communities: Beacon Grant, Gratitude Grant, Spotlight Grant, Promise Grant, Impact Grant, and Freedom Grant. Each grant has a specific deadline to apply for funding. I encourage all Lodges to take the time to educate yourselves about these grant programs. Find some Members who would be willing to dedicate their time to apply for these worthy grants.

Other programs ENF funds include: Scholarships, Youth Activities, Veterans Service, Elks Veterans Memorial maintenance, and much more. It is very important to let our Members know about the great work ENF does. A fine way of "Promoting Elkdom With Enthusiasm" is to support the Great Heart of Elkdom. The Elks' mission is to build stronger communities and ENF provides the resources to fulfill this mission. I charge you to get out into your communities with great pride and show them what the Elks do for them. For more information about the Elks National Foundation, go to elks.org/enf.

Another important program we must focus our attention on is Red Ribbon Week. This is the nation's oldest and largest drug prevention program. Red Ribbon Week is celebrated annually from October 23 to October 31. There are many ways to celebrate Red Ribbon Week in your communities. Have your local elected officials issue a proclamation declaring a Red Ribbon Week. Have your Members distribute red ribbons to our schools and encourage Members, friends and loved ones to wear red ribbons.

Today, Drug Awareness has become an even greater challenge as we continue to fight the horrors of drug abuse and addiction. The staggering number that comes to mind is that in the United States alone, there have been nearly 71,000 overdose deaths each year. The amount of deaths from drug overdoses is the reason why the Benevolent and Protective Order of Elks takes such a hard stand to prevent and educate our youth and adults. The Elks will always be there to support hugs are better than drugs. I can't think of any better way of "Promoting Elkdom With Enthusiasm" than to work hard to stop these dreaded drug diseases.

October is also a time when most people enjoy a nice fall holiday with Columbus Day. Finally, October 31 is known as Halloween. A day and night when the ghosts and ghouls come out. Our children get to enjoy putting on their favorite costumes to go trick or treating. Please be safe when going door to door and stay in neighborhoods that you know well.

God bless all of you, God bless our troops past and present, and, most of all, God bless America.

MY Elks

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Elks Si

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STAY CONNECTED GET INVOLVED

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October is Breast Cancer Awareness Month

October is breast cancer awareness month, and we would like to dedicate this issue of the OSEA newsletter to all of those and their families who have been impacted by cancer. We especially dedicate this to those survivors who are still with us today. The following is the story of one survivor, Rosie Sagers spouse of OSEA Inner Guard Tom Sagers & Trustee at Independence Elks Lodge

What goes through your mind when you get a call from your doctor and she says “I have made an appointment for you tomorrow, and you should bring your husband with you”? Well, exactly that happened to me 3 different times.

What happened next started a tailspin in my life. When the Doctor said “you have cancer”, I was scared of going through things I had only previously heard about, and none of it being good. I was diagnosed with stage 2 Lobular Carcinoma, a form of breast cancer. Great News! I only had to have a lumpectomy. Then a round of radiation therapy, and on to recovery! It was truly a blessing to be a cancer survivor.

I was cancer free and wanted people to know all the support I received while battling cancer. We were contacted by the

American Cancer Society, Susan G Komen Foundation, and through the Elks the Betty Hise Foundation for Cancer research. We got involved in survivor luncheons, Relay for Life, and the Race for the Cure. We continue to support of all these organizations because of the support I received from them. I also received an unbelievable amount of emotional support from family and friends.

The most valuable support I received was through the educational materials and functions that the cancer societies provided to patients and survivors. The ability that these organizations were able to provide me, associating with others who were going through those same experiences I had, is priceless.

I pray that someday there will be a cure, and cancer will be eradicated. 20 years, 3 different cancers, and 14 surgeries later, I am still a cancer survivor and cancer free! October is Breast Cancer Awareness month; However, Cancer can affect anyone and their families at any moment. I urge everyone to support those organizations who support us.

To learn more visit: <https://www.nationalbreastcancer.org/breast-cancer-awareness-month/> and <https://www.komen.org>



My Elks Mobile App Special offer

For the past five (5) months a small group of dedicated Elks have worked diligently on developing a mobile app for the Lodges in Area 8 with the final goal of presenting it to all Lodges in the Order. The "My Elks" app is now available and ready for use. The core team has demonstrated in 4 States and at Grand Lodge in Atlanta.

The app developer, Giant Killer, has been working with us on standardizing a reduced monthly fee. The current fee for all Giant Killer users is \$150.00 a month. Through the efforts of the core team, we have been able to get a reduction in price from \$150.00 a month to \$95.00 a month per Lodge.

We feel strongly that this mobile app is the way of the future for increasing Lodge participation and thus a gain in membership. We would like to see every Lodge in Oregon using the app. and to that end we have volunteers willing to provide support in setting up the app in each Lodge.

In addition, the core group has come to the OSEA requesting financial support in achieving the goal of all Oregon Lodges using the app. After consultation with the Public Relations and Marketing Committee and Area-8 P.R. and Membership Marketing Committeeman Steve Meier, the OSEA is offering the following.

For every Oregon Lodge that commits to a one-year subscription on the "My Elks" app the OSEA will reimburse \$500 of the cost. This will make the total cost to a lodge for 1 year \$640 which is less than \$55 a month. For a Lodge to qualify for this discount it must submit proof of payment to Giant Killer of \$1,140 for a 1-year subscription to the My Elks mobile app to the State Office by December 1, 2022. This will give every Lodge a year to work on selling advertising for their app as well using its features to increase participation and engagement. In addition, we will be discussing the app at the upcoming OSEA Fall Seminar in Baker City.

If you have questions please contact Vice President Blake Whitson - 541-570-9262 Blake.ORNCElks@gmail.com.

Fraternally,
The Area 8 My Elks Mobile App Development Team

Oregon/Washington PER Association Update

Greetings Fellow Elks:

Fall is a special time for Elks as many of our Lodges are back to holding full-time meetings and engaging with our youth in various events including drug awareness, Halloween, and back-to-school activities. On the evening of October 8, I ask that all Past Exalted Rulers and current Exalted Rulers join us at Salem, Oregon Lodge for an evening of social storytelling and business decisions. At this quarterly event, I will be asking each member to share a story of how or why they became an Elk and one of their fondest memories, so please give that some thought.

Also, I will ask what our group wants to get out of our gatherings going forward, and I have appointed Lana Davick (PER from Yakima, WA) and Blake Whitson (PER from Salem, OR) to lead our Public Relations and Marketing efforts in an attempt to not only increase our group's attendance at our gatherings, but also to grow our involvement in both states. They will share their ideas at our upcoming meeting. Oregon's State Capital Lodge is a great place to renew Elk acquaintances and meet some new friends, but also to start the challenge of gaining more participation and attendance in our fantastic group.

Dues are only \$10.00 per year! If you want to attend, whether a past association member, current member, or future member, it's very easy! To join or rejoin, just reach out to our Secretary/Treasurer Steve May for more information at SMay34@aol.com or 503-871-2993. To make dinner reservations for the October 8th event, please reach out to Blake Whitson at blake.orncelks@gmail.com or 541-570-9262.

Thank you!

Fraternally,

Richard K. Shipley
President
OR/WA Past Exalted Rulers Association

Elks Night at the Portland Trail Blazers

Are you ready to show your enthusiasm for Elkdom? The Oregon State Elks Association will be having Elk's Night at the Portland Trail Blazers!!!! We have a block of 80 seats reserved for the January 28th game vs the Toronto Raptors.

In addition to the block of seats we will also have an information table set up on the concourse so we can talk to fans about the Elks and what we do for communities across Oregon. This will be a great time for us to promote Elks with ENTHUSIASM!! Make sure to wear your Elks shirts that night for the game. Tickets will be around \$40 each. In addition we are working with the Milwaukie-Portland Lodge to arrange for some activities before and possibly after the game. More details will be coming soon including a link that can be used to order tickets online.

Please note, that due to limited table space for the community corner table we will not be displaying information or materials from individual lodges. However we will have a listing of all Oregon lodges and their contact information on hand for those who would like to know how to contact the lodge in their community.

The ticket link and additional information will first be available in the My Elks Mobile App, so make sure to download and install the app for early access to tickets and information. Following release in the app the ticket link and additional information will be posted to the OSEA Facebook Page and emailed to all lodges.



9/11 Memorial Photos

The following pictures come from the 21st Memorial Observance held in Albany Oregon. Additional images are available at <https://oregonstateelksassociation.smugmug.com/9-11-Ceremony-2022/>.



Celebrating 40 years of Contest 'A' - All American Lodge

In the fraternal year of 1982–1983, Grand Lodge introduced the Contest 'A' – All American Lodge Contest to its Lodges. This was the first opportunity for the Lodges to showcase their year of hard work for Elkdom in their communities, State Associations, and nationally. As the contest has taken on new changes, some additions and deletions over the years, it is still a great guide for your Lodge to use in helping you to achieve a successful year. The Exalted Ruler, officers, and Members can work together all year long to achieve success.

Just this year a few changes were made to the contest after the many suggestions that were entertained at the Grand Lodge Convention in Tampa, Florida in July 2021. These various items were taken into consideration by the Fraternal Committee and presented to the advisor of our committee, who then took these ideas to advisory for consideration in February 2022. We are happy to report they were open and excited for these new changes that are in effect starting this year, in hopes that more Lodges will get involved in the contest.

New this year: Elks National Foundation Grants. Receiving grants has always been a part of the contest, but this year is the opportunity to get points for just applying for grants! Also new this year, at the request of the Ritual Committee, points have been increased for each of the Ritual Competitions. Participating in a Certified Competition, 11 O'Clock Toast Contest, or the Grand Lodge Flag Charge have all increased by 10 points each! Also, remember that supporting documentation is required for each asterisked item on the form to validate your submission. The lack of proper supporting documentation can cause your Lodge to be disqualified.

It is time to showcase the great things your Lodge is doing by submitting your application for the Contest 'A' - All American Lodge Contest. The top 10 in each division, 60 lodges total, will be named in the July newsletter. The top three in each division, 18 lodges total, will earn recognition at the Grand Lodge Convention in July 2023 in Minneapolis.

Your Lodge may not win in the contest, but you will definitely be a winner within your Lodge and community. Start working on your submission today.

Betty Hise for Cancer Research

Betty Hise Directors and Advisors from both Oregon and Idaho are making fundraising plans for Oregon's Fall Seminar and Idaho's Winter Convention. Our fundraising investments continue to provide support to cancer research and treatment programs at OHSU in Oregon and St Lukes in Idaho.

Oregon OHSU lymphedema emphasis is on prevention. Their goal of bioimpedance measuring is for it to be done in a simple and effective way. Thanks to Betty Hise for Cancer Research donations, OHSU was able to purchase three bioimpedance spectroscopy devices, which provide precise measurements of fluid status and tissue composition in less than 30 seconds. The noninvasive measurement tool identifies early progression by giving an L-dex score, measuring changes in extracellular fluid in the at-risk limb in comparison to the noncancerous side. If a patient's L-dex measurement bumps 10 points from baseline, that signals higher risk. OHSU states, "We establish a baseline before procedures on all patients undergoing sentinel lymph node biopsy or axillary lymph node dissection. Then we continue to measure and monitor these parameters at regular intervals for the first two to three years after their cancer intervention." Through the lymphedema screening, high risk patients go to compression therapy immediately to prevent or reverse progression.

Watch for St Lukes Cancer Institute in Idaho update next month.

Thank you for your interest and support.
Betty Hise for Cancer Research Directors

Pam Shipley, Laurie Flatt Roberge, Barbara Smith, Lillian Estep, Deborah McFerron, Sheri Bowers, Jan Lowe & Diane Deseve



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October 2022 OSEA Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					30 OSEA Presidents Visit - North District @ Beaverton	1 OSEA Presidents Visit - North District @ Beaverton
2	3	4	5	6	7 An Evening with Keith & Amy Mills St Helen's Lodge	8 Eye Clinic Dedication @OHSU OR/WA PER Dinner @ Salem
9	10	11	12	13 OSEA Fall Seminar @Baker City	14 OSEA Fall Seminar @Baker City	15 OSEA Fall Seminar @Baker City
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28 OSEA Presidents Visit - South District @ Mrytle Creek	29 OSEA Presidents Visit - South District @ Mrytle Creek